



## GUIDE TO JUNIOR REP TEAM TRIALS 2023

This document contains all you need to know to trial for the 2023 Mid Hills Junior Rep teams. For more information about what is involved in being part of a Rep team, have a look at the document [What it means to be in an Association Representative team](#) on the Mid Hills website (Midhillsna.org)

### **Eligibility:**

To be eligible for selection in a Junior Rep team in 2023, players must

- Be born between 2006 and 2013
- Have registered and played for a Mid Hills affiliated club during the 2022 winter season
- Register and play for a Mid Hills affiliated club during the 2023 winter season
- Attend at least 2 of the scheduled trials (over first 3 dates). Players are encouraged to attend all trials if possible.

All selected players must comply with the [MHNA Rep Team Player Responsibilities](#) (see website Midhillsna.org)

### **Age Groups:**

Players will be trialing within their age groups based on their age as at 31 December **2023**

- 11 & Under (born 2012 or 2013)
- 13 & Under (born 2010 or 2011)
- 15 & Under (born 2008 or 2009)
- 17 & Under (born 2006 or 2007)

Selected teams comprise 10 players.

Depending on numbers and skill level of players, as well as availability of coaches, Mid Hills may select 2 teams in some age groups, at the Carnival Committee's discretion.

### **Cost**

There is no cost to trial for a Mid Hills Rep team.

If you are selected, you will be required to pay an annual fee, dress hire, and purchase some compulsory uniform items (shorts, socks, warmup top, hoodie). Players who have been in Rep teams in previous years can re-use their uniform items if they still fit and are in good condition. There is an additional cost for the overnight Rep Team Training weekend in Feb 2022.

### **Trial Location and Dates:**

Up to 4 trials will be held, depending on your age group.

All trials are held at Woodside courts from 6:00 to 8:00 pm.

All players must register at the clubrooms between 5:30 and 6:00pm before each trial.

Trial 1	Tuesday Sept 13 <sup>th</sup> , 2022	All age groups
Trial 2	Thursday Sept 15 <sup>th</sup> , 2022	All age groups
Trial 3	Monday Sept 19 <sup>th</sup> , 2022	All age groups
Trial 4	Wednesday Sept 21 <sup>st</sup> , 2022	13&U and 15&U only (*)

(\*) Where there is a higher number of player participants, the 13&U and 15&U age groups may have a 4<sup>th</sup> Trial. The 4<sup>th</sup> Trial will be by invitation and attendance will be compulsory.



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### ***What to Wear & Bring to Trials:***

Players should come to trials suitably dressed to play netball

- Shorts or leggings which allow you to move freely
- T-shirt or other short-sleeved top for playing. Bring a jumper to wear when you're not on the court. September evenings at Woodside can get chilly.
- Proper netball shoes.
- Hair must be up and no jewellery worn
- Nails must be short
- Make sure you bring plenty of water to drink, and healthy snacks

***IMPORTANT: No club, association, regional or SAPSASA clothing is to be worn to trials, and no school or other items which display the player's name.***

***Please wear regular clothing which does not identify the player in any way.***

### ***What to do when you arrive at trials:***

When you arrive at trials, come straight to the clubrooms to register.

There will be a line for each age group, so just join your line.

The person at the registration desk will ask for your name, and check the playing positions you nominated. If you want to change the positions you nominated, just tell the person at the desk.

You will be given a laminated tag containing a number. This tag is to be pinned to your clothing at hip level. If you're wearing a jumper, pin the tag to your t-shirt underneath, so it is visible when you take off your jumper to play.

There will be a whiteboard on display which tells you which courts are to be used for each age groups. Once you have registered, you are free to go to the courts.

Make sure you know your preferred positions and your player number before you go down to the courts.

We suggest you don't arrive too early. Registration will not be open before 5:30 pm, and some players get very nervous waiting around for trials to begin. You need to allow enough time to register and get down to the courts by 6:00 pm. If you're going to be late, please let Di know on 0403 156 972

### ***Who runs the trials?***

The Carnival Committee appoints a group of selectors for each age group. Selectors will observe the players throughout trials, making notes about skills, attitude, fitness and other aspects relevant to selections.

The selectors are appointed according to the following guidelines

- A minimum of 3 selectors for each age group
- Coaches of the age group will normally be part of the selection panel
- Independent selectors (ie not Rep coaches) will form part of the selection team for each age group. If there is more than one (1) independent selector for an age group, they must be from different Mid Hills Clubs.

**Parents are not permitted to act as selectors or trial co-ordinators in any age group in which their child is trialing.**

Trial Co-ordinators are appointed to each age group to ensure all players get adequate court time. They will organize players into teams for each round of match play, and keep track of how many times you have played in your nominated positions.

Umpires from various clubs give up their time to help with trials. Wherever possible, we try to avoid having parents umpire their own children. However, sometimes this is unavoidable due to limited numbers of umpires available.



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### ***How are the trials structured?***

Each trial will begin with a warm-up session led by the selectors.

Once players are warmed up, trials will comprise a mixture of skills assessment (through drills and other activities) and match play.

Players will be referred to by number throughout the trials. When putting players on the court, the Co-ordinators will tell players what positions they are to play using their numbers (e.g. pink Wing Attack, no 106)

Selectors will record each player by number, and will make notes on the players as they watch the match/drill.

The Co-ordinators will do their best to ensure court time is fairly distributed.

Players should expect a minimum of 2 games in each of their nominated positions, but should not expect that all players will get equal court time. For example, if a group has many players who nominated Centre position, and only a small number who nominated GK, those GK players will get more court time than the Centre players.

Players who change their nominated positions after trials commence will get reasonable court time in each position, but we are unable to guarantee the 2 game minimum in these cases.

Players who attend all trials will maximise their opportunity to get court time.

At the end of each trial, the Trial Co-ordinators will ask you to return your number.

Please do not take numbers home. You will be given the same number at the next trial.

### ***Squad reduction***

Selectors may decide to reduce the number of players after each trial.

Players will receive an email advising them if they are not required for further trials.

Players who do not receive an email should assume that they are still required and attend the next trial.

### ***Announcement of Selections***

After the final trial, selectors will meet to decide their final teams.

Selected players will receive an email within 48 hours of the final trial, advising them of their selection and providing details of what happens next. After emails have been sent, team lists will be posted on the Mid Hills website and Facebook page.

### ***I Can't Attend 2 Trials. Can I still be considered for selection?***

Sick or injured players can still be considered for selection if they provide a medical certificate confirming that they are unfit to trial.

Where trials for other netball teams at a higher level than Rep teams (e.g. Academy or state teams) clash with MHNA Rep team trials, affected players must apply to the Carnival Committee in writing explaining the reason for their absence. Eligibility for these players will be at the Carnival Committee's discretion.

Players who are otherwise unavailable to attend trials (e.g. away on holidays) will not be eligible for selection.